FORUM FOR brunch

Classics

Eggs on toast <u>v. vgo</u> Poached, scrambled,	6.5
or fried eggs <u>v</u> ; or scrambled tofu <u>vg</u> , on toasted Forge Bakehouse sourdough or bagel	
Avocado toast vg Smashed avocado on toasted Forge Bakehouse sourdough or bagel	7
Grilled mushroomson toast vg On toasted Forge Bakehouse sourdough or bagel	7
Eggs benedict <u>v</u> Poached eggs on a toasted English muffin with thick-sliced ham, topped with Hollandaise sauce	11
Eggs florentine ⊻ Poached eggs on a toasted English muffin with wilted spinach, topped with Hollandaise sauce	10
Eggs royale Poached eggs on a toasted English muffin, with smoked salmon and hollandaise sauce	12.5
Big breakfast Moss Valley treacle-cured back bacon, hash brown, sausage patty, grilled tomato, grilled mushrooms, baked beans and poached, scrambled, or fried eggs	11
Choose toasted Forge Bakehouse sourdough or bagel	
Vegan breakfast vg Hash brown, vegan sausage, grilled tomato, grilled mushrooms, baked beans and scrambled tofu.	11
Choose toasted Forge Bakehouse sourdough or bagel	
Add-ons Moss Valley treacle-cured back bacon 1.5 Grilled tomatoes yg 1 Grilled mushrooms yg 1 Baked beans	

vg 1.5 | Smoked salmon 3 | Scrambled Tofu vg 1.5 |

Eggs poached, fried or scrambled 1.5

Sandwiches

- On a freshly baked bagel, or toasted Forge Bakehouse sourdough
 - Breakfast sandwich Choose from: Moss Valley treacle-cured back bacon | sausage patty | hash browns vg | vegan sausage <u>vg</u>
- Loaded vegan vg. vo Hash brown, vegan sausage, mushrooms + vegan cheese, with Hendo's-braised onions
- Fully loaded Moss Valley treacle-cured back bacon, sausage patty, hash brown, cheddar cheese + fried egg, with Hendo's-braised onions

Salmon + cream cheese bagel On a freshly baked bagel, served with seasonal leaves and dressed with lemon vinegarette

Triple-cheese toasties

or with soup of the day Mozzarella, Cheddar + Brie on Forge Bakehouse sourdough v, vgo

Add-ons Moss Valley treacle-cured back bacon 1.5 | Grilled mushrooms vg 1 | Grilled tomatoes vg 1 Hendo's-braised onions vg 1

Pancakes

All

8

8

6

8

6.5

3 homemade pancakes with:

Caramelized banana and dulce de leche $\underline{\mathtt{v}}$ 5

Sweet mascarpone and blueberries $\underline{\mathtt{v}}$

Toblerone ganache and strawberries v

Moss Valley treacle-cured back bacon and 7 maple syrup

Bowls

7 Açaí smoothie bowl yg Frozen açai smoothie, toasted granola, fresh berries + banana

Quick Grabs

(eat in or take out)

Pastries, bakes & cakes 3.5 Check the coffee bar board for today's selection delivered fresh from Forge Bakehouse

Available daily: All-butter croissant v Almond croissant v Pain au chocolat <u>v</u> Cinnamon bun <u>v</u> Maple & pecan swirl vg

3.5 Toasted vg Sourdough toast or bagel fresh from Forge Bakehouse, with butter

Add jam or honey pot 1.5

If you have a question, food allergy or intolerance, please let us know before placing your order. Food is prepared in an area where cross-contamination may occur our menu descriptions do not list all ingredients. Fish + poultry products may contain small bones.

v Vegetarian, vo Vegetarian option available, vg Vegan, vgo Vegan option available

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allergen infc

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Brunch menu served daily 9am - 3pm



