

Classics

- Eggs on toast** v, vgo 6.5
Poached, scrambled, or fried eggs v; or scrambled tofu vg, on toasted Forge Bakehouse sourdough or bagel
- Avocado toast** vg 7
Smashed avocado on toasted Forge Bakehouse sourdough or bagel
- Grilled mushrooms on toast** vg 7
On toasted Forge Bakehouse sourdough or bagel
- Eggs benedict** v 11
Poached eggs on a toasted English muffin with thick-sliced ham, topped with Hollandaise sauce
- Eggs florentine** v 10
Poached eggs on a toasted English muffin with wilted spinach, topped with Hollandaise sauce
- Eggs royale** 12.5
Poached eggs on a toasted English muffin, with smoked salmon and hollandaise sauce
- Big breakfast** 11
Moss Valley treacle-cured back bacon, hash brown, sausage patty, grilled tomato, grilled mushrooms, baked beans and poached, scrambled, or fried eggs
- Choose toasted Forge Bakehouse sourdough or bagel
- Vegan breakfast** vg 11
Hash brown, vegan sausage, grilled tomato, grilled mushrooms, baked beans and scrambled tofu.
- Choose toasted Forge Bakehouse sourdough or bagel

Add-ons

Moss Valley treacle-cured back bacon 1.5 | Grilled tomatoes vg 1 | Grilled mushrooms vg 1 | Baked beans vg 1.5 | Smoked salmon 3 | Scrambled Tofu vg 1.5 | Eggs poached, fried or scrambled 1.5

Sandwiches

- On a freshly baked bagel, or toasted Forge Bakehouse sourdough
- Breakfast sandwich** 5
Choose from:
Moss Valley treacle-cured back bacon | sausage patty | hash browns vg | vegan sausage vg
- Loaded vegan** vg, vo 7
Hash brown, vegan sausage, mushrooms + vegan cheese, with Hendo's-braised onions
- Fully loaded** 8
Moss Valley treacle-cured back bacon, sausage patty, hash brown, Emmental cheese + fried egg, with Hendo's-braised onions
- Salmon + cream cheese bagel** 8
On a freshly baked bagel, served with seasonal leaves and dressed with lemon vinegarette
- Triple-cheese toasties or with soup of the day** 6
Smoked Applewood cheddar, Mozzarella & Gruyere on Forge Bakehouse sourdough v, vgo
- Add-ons**
Moss Valley treacle-cured back bacon 1.5 | Grilled mushrooms vg 1 | Grilled tomatoes vg 1 | Hendo's-braised onions vg 1

Full allergen info



If you have a question, food allergy or intolerance, please let us know before placing your order. Food is prepared in an area where cross-contamination may occur our menu descriptions do not list all ingredients. Fish + poultry products may contain small bones.

v Vegetarian, vo Vegetarian option available, vg Vegan, vgo Vegan option available

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Pancakes

- All** 6.5
3 homemade pancakes with:
Caramelized banana and dulce de leche v
Sweet mascarpone and blueberries v
Toblerone ganache and strawberries v
Moss Valley treacle-cured back bacon and maple syrup

Bowls

- Açaí smoothie bowl** vg 7
Frozen açai smoothie, toasted granola, fresh berries + banana

Quick Grabs

(eat in or take out)

- Pastries, bakes & cakes** 3.5
Check the coffee bar board for today's selection delivered fresh from Forge Bakehouse
- Available daily:**
All-butter croissant v
Almond bear claw v
Pain au chocolat v
Cinnamon bun v
Maple & pecan swirl vg
- Toasted** vg 3.5
Sourdough toast or bagel fresh from Forge Bakehouse, with butter
- Add jam or honey pot** 1.5

