## **FORUM**

#### Brunch menu Served daily 9am - 3pm

#### Classics

Eggs on toast <u>v. vgo</u> Poached, scrambled, fried eggs <u>v</u> , or scrambled tofu <u>vg</u> , on toasted Forge Bakehouse sourdough or bagel	8
Avocado toast $\underline{vg}$ Smashed avocado on toasted Forge Bakehouse sourdough or bagel	8
Grilled mushrooms on toast vg On toasted Forge Bakehouse sourdough or bagel	8
Hendo's beans & cheese on toast v On toasted Forge Bakehouse sourdough or bagel	8
Guinness Rarebit on toast v On Forge Bakehouse sourdough	8
Eggs benedict Poached eggs on a toasted English muffin with honey-roast ham, topped with Hollandaise sauce	12
Eggs florentine $\underline{v}$ Poached eggs on a toasted English muffin with wilted spinach & mushroom, topped with Hollandaise sauce	10.5
Eggs royale Poached eggs on a toasted English muffin, with smoked salmon and Hollandaise sauce	13
Big breakfast Moss Valley treacle-cured back bacon, hash brown, sausage patty, grilled tomato, grilled mushrooms, baked beans, poached, scrambled,	12

### $\begin{tabular}{ll} Vegan breakfast $\underline{v}$g \\ \end{tabular} 12 \\ \end{tabular}$ Hash brown, vegan sausage, grilled tomato,

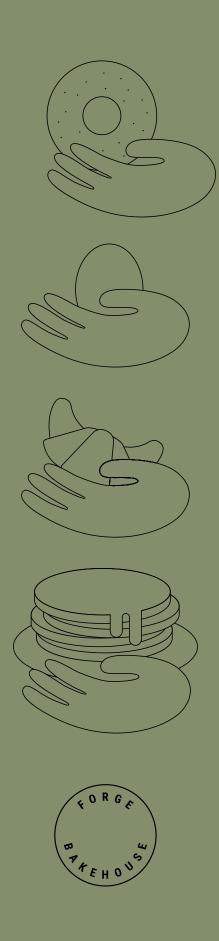
grilled mushrooms, baked beans, scrambled tofu and sourdough toast

#### Add-ons

Moss Valley treacle-cured back bacon 1.5 | Grilled tomatoes  $\underline{vg}$  1 | Grilled mushrooms  $\underline{vg}$  1 | Baked beans vg 1.5 | Smoked salmon 3 | Scrambled Tofu  $\underline{vg}$  1.5 | Eggs poached, fried or scrambled 1.5 | Grilled Halloumi  $\underline{v}$  3

#### Sandwiches

or fried eggs and sourdough toast



FOR brunch

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On a freshly baked bagel, or toasted Forge Bakehouse sourdough		Pancakes	
		2-4-1 on Tuesdays	
Breakfast sandwich Choose from:	6	All	7.5
Moss Valley treacle-cured back bacon   sausage patty   hash browns yg   vegan sausage yg		2 homomodo American etylonopolyce	
		3 homemade American-style pancakes. Choose your topping:	
Loaded vegan vg. vo Hash brown, vegan sausage,	8	Nutella & strawberries <u>v</u>	
mushrooms + vegan cheese, with Hendo's-braised onions		Summer berries & whipped cream v	
with nendo's-braised officials		Caramelised banana & salted caramel v	
Fully loaded	9		
Moss Valley treacle-cured back bacon, sausage patty, hash brown,		Bacon & maple syrup	
Emmental cheese + fried egg, with Hendo's-braised onions		Ouielz Croba	
Tiondo s-braised omons		Quick Grabs	
Salmon + cream	9	(eat in or take out)	
cheese bagel On a freshly baked bagel, served			
with seasonal leaves & lemon		Pastries, bakes & cakes	
vinaigrette dressing		Check the coffee bar pastry display for todays selection delivered fresh from Forge Bakehouse	
Triple-cheese toasties	7	A - 7-11- 1-7	
Smoked Applewood cheddar, mozzarella & Emmental on Forge		Available daily:	
Bakehouse sourdough <u>v, vgo</u>		All-butter croissant $\underline{v}$	
		Almond bear claw <u>v</u>	
Soup of the day	7	Pain au chocolat <u>v</u>	
_		Chocolate brownie $\underline{\mathbf{v}}$	
Homemade, hearty, fresh & delicious Served with Forge Bakehouse sourdough		Cookie <u>v</u>	
& vegan butter	<b>.</b>	Danish pastry vg	
Upgrade sourdough to cheese toastie +2	2.5	Maple & pecan swirl vg	
Available 12-3pm daily		Toogt	3.5
ask your server for dietaries		Toast vg Sourdough toast or bagel fresh	3.0
Add-ons		from Forge Bakehouse, with butter	
	1.5	Add jam or honey pot	1.5
Grilled mushrooms <u>vg</u>	1		
Grilled tomatoes vg 1	1		
Llondoid brouged onlong 1			



Grilled halloumi  $\underline{v}$ 

If you have a question, food allergy or intolerance, please let us know before placing your order. Food is prepared in an area where cross-contamination may occur our menu descriptions do not list all ingredients. Fish + poultry products may contain small bones.

 $\underline{v}$ Vegetarian,  $\underline{vo}$ Vegetarian option available,  $\underline{vg}$ Vegan,  $\underline{vgo}$ Vegan option available

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